

# DETAILED GUIDELINES FOR PREPARING A MANUSCRIPT BY THE AUTHOR BASED ON THE APA STYLE SHEET

### FORMATTING GUIDELINES:

- manuscripts should be submitted as Microsoft Word files;
- formatting: **Times New Roman** 12 point font size;
- all margins should be 2,5 cm
- continuous page numbering (page numbers should be centered at the bottom of the page)
- no automatic hyphenation
- tables and figures should be described and referenced;
- affiliation should be placed in the upper-left corner:
  - ✓ name and surname of the author/authors
  - ✓ ORCID
  - √ academic degree
  - ✓ University and city
  - ✓ telephone no.
  - ✓ e-mail

### STRUCTURE OF THE TEXT

Submitted text should be divided into coherent sections marked with separate headings:

## **Title**

Introduction

**Heading 1** 

**Heading 2** 

**Heading 3** 

**Summary/Conclusions** 

References

title in Polish

abstract in Polish(150-250 words)

keywords (6-7)

title in English

abstract in English(150-250 words)

keywords (6-7)

Text that includes empirical research report should be divided as follows:

### Title

Introduction/Review of the literature Methods Results Discussion References

title in Polish abstract in Polish(150-250 words) keywords(6-7)

title in English abstract in English (150-250 words) keywords in English (6-7)

#### REFERENCE STYLE

# 1. In-text referencing without citation

# 2. In-text referencing with citation

# 3. In-text referencing to more than one author

In referring to a work by three or more authors (3-5 authors) all the relevant names have to be furnished in the first reference to the work

# In referring to a work by six or more authors only the first author's name is to be provided

In-text references to more than one author should be separated with the semicolon and arranged alphabetically. In case of more than one publication of the same author all mentioned publications should be separated by the comma.

Reference to more than one publication of the same author in the same year should be additionally marked with letters for example Kowalski 2014a, 2014b, both in text and in reference list.

### **REFERENCES**

References should be arranged alphabetically (surnames) and placed at the end of the text. A reference list is the list of citations (all material cited) in a written work that should not be further divided into printed and internet sources

# 1. Papers published in periodical volumes

Surname, X., Surname2, Y., Surname3, Z. (year). Article's title. *Journal's title, volume number*, pages

### 2. Papers published in non-periodical volumes

Surname, X., Surname2, Y., Surname3, Z. (year). Article's title. *Journal's title, volume number*, pages

## 3. Monographs:

Surname, X., Surname 2, Y. (year). *Title.* Place: Publishing house.

### 4. Edited books and volumes:

Surname, X. (Ed.). (year). *Title.* Place: Publishing house. Surname, X., Surname 2, Y. (eds.). (year). *Title.* Place: Publishing house.

### 5. Chapter in an edited book or volume:

Surname, X. (year). Chapter's title. In: X. Surname, Y. Surname (eds.), *Books' title* (pages). Place: Publishing house.

Surname, X., Surname 2, Y. (year). Chapter's title. In: X. Surname, Y. Surname (eds.), *Books' title* (pages). Place: Publishing house.

### 6. Online document

Surname, X. (year). *Title of work*. Retrieved from: web address